## WHAT IS MEDIATION?

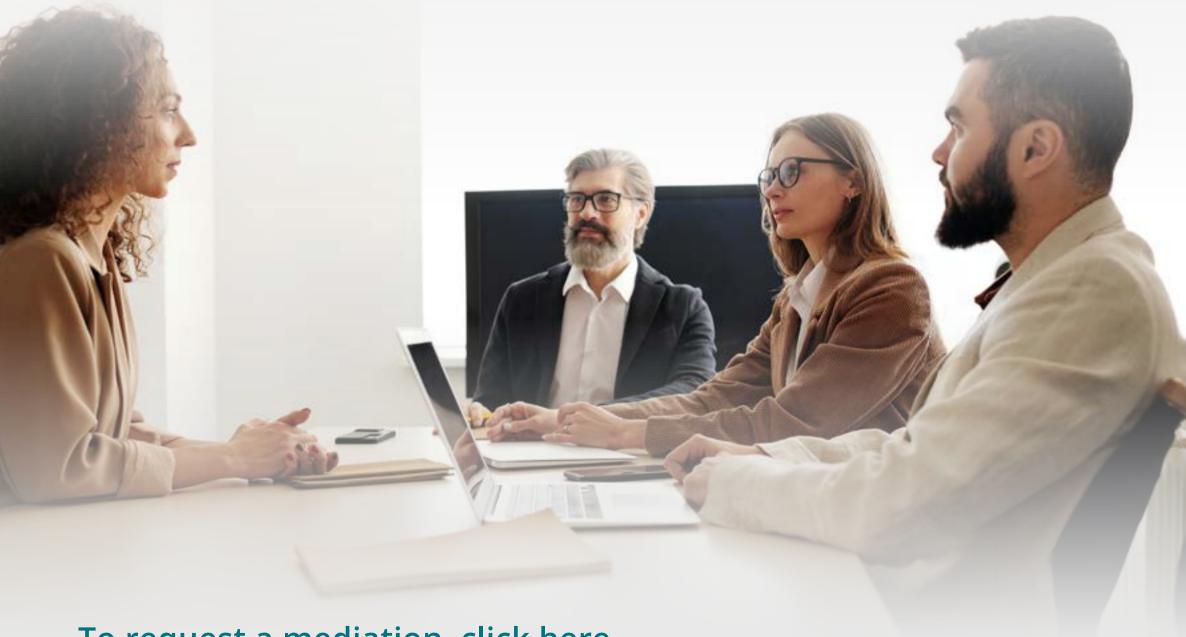
Shalom Austin Jewish Family Service offers mediation services for families dealing with conflicts around divorce, aging, and more.

Mediation is a process to help people work through a dispute or make difficult decisions. Families often use mediation to:

- Settle a divorce or address post-divorce disagreements
- Make decisions around other life transitions
- Address concrete areas of conflict

A neutral mediator helps all parties work together to explore the issues, consider possible solutions, and form an agreement on how to move forward. The mediator does not suggest solutions for you, offer legal advice, or offer their own judgments. Rather, they facilitate a process to help you determine your own path forward.

Besides helping you resolve the current conflict; mediation often sets people up for more positive interactions in the future as well.



To request a mediation, click here.

For more information, please contact us at (512) 735-8020 or mediation@shalomaustin.org.

